

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 A.M. Aerobics 1 10:30 Movie & Popcorn 1:30 High Roller 2:30 Worship 6:00 Po-ke-no <small>May Day</small>	9:30 A.M. Aerobics 2 10:30 Painting w/a Twist 2:00 Penny Ante 4:00 Name That Tune	9:30 A.M. Aerobics 3 10:30 Mike Rufkhar 1:30 Pamper & Polish 3:00 Karaoke 6:15 B.I.N.G.O	9:30 A.M. Aerobics 4 10:30 Hollywood Casino 2:00 Kicking it w/ Kendall 3:15 B.I.N.G.O 4:15 Arts & Crafts	9:30 A.M. Aerobics 5 10:30 Al Henderson 2:30 Cinco De Mayo Fiesta 3:00 Parkwood Store <small>Cinco de Mayo</small>	9:30 A.M. Aerobics 6 10:30 Reminisce 2:00 B.I.N.G.O	
Family Day <small>Mother's Day</small>	7 9:30 Fun & Fitness 8 10:30 Movie & Popcorn 1:30 Kings in a Corner 2:30 Worship 6:00 Margarita Monday	9 9:00 Catholic Rosary 9 9:30 Fun & Fitness 10:30 Resident council 1:30 Art & Crafts 4:15 Evening Bingo	10 9:30 Fun & Fitness 10 10:30 Uno Attack 1:30 Pamper & Polish 2:30 B.I.N.G.O 6:15 Jammin' w/ Jamina	11 9:30 Fun & Fitness 11 10:30 Sue Kennedy 2:00 Granny Glam Shots 4:00 Black Jack	12 9:30 Fun & Fitness 12 10:30 High Roller 1:30 Showtime 3:00 Po-Ke-No	13 9:30 Fun & Fitness 13 10:30 R/C Activity 2:00 B.I.N.G.O	
Family Day <small>Mother's Day</small>	14 9:30 Fitness w/a Twist 15 10:30 Movie & Popcorn 1:30 High Roller 2:30 Worship 6:00 Po-ke-no	16 9:30 Fitness w/a Twist 16 10:30 20 Questions 2:00 Catholic Mass 2:00 Picture Trivia 4:15 Evening Bingo	17 9:30 Fitness w/a Twist 17 10:30 Jill Huber 1:30 Pamper & Polish 2:30 Ice Cream Social 6:15 Movie Trivia	18 9:30 Fitness w/a Twist 18 10:30 Elks Park 2:00 Kicking it w/ Kendall 4:00 Happy Hour	19 9:30 Fitness w/a Twist 19 10:30 B.I.N.G.O 1:30 Showtime 3:00 Parkwood Store	20 9:30 Fitness w/a Twist 20 10:30 Reminisce 2:00 B.I.N.G.O <small>Armed Forces Day</small>	
Family Day <small>First Day of Ramadan</small>	21 9:30 Jazzerise 22 10:30 Movie & Popcorn 1:30 Kings in a Corner 2:30 Worship 6:00 B.I.N.G.O	23 9:00 Catholic Rosary 23 9:30 Jazzerise 10:30 Eugene & The Talking Sax 2:00 Gentlemen's Club 4:00 R/C Table Game	24 9:30 Jazzerise 24 10:30 Parkwood Casino 1:30 Pamper & Polish 3:00 Red Hat Club 6:15 Evening Bingo	25 9:30 Jazzerise 25 10:30 Lunch & Dollar Tree 2:00 Jammin' w/ Jamina 4:00 High Roller	26 9:30 Jazzerise 26 10:30 Po-Ke-No 1:30 Showtime 3:00 Kings in a Corner	27 9:30 Jazzerise 27 10:30 B.I.N.G.O 1:30 Gospel Hour w/ Adrian Hill <small>First Day of Ramadan</small>	
Family Day <small>Memorial Day</small>	28 9:30 Dance Aerobics 29 10:30 Movie & Popcorn (when we were soldiers) 1:30 High Roller 2:30 Worship 6:00 Po-ke-no <small>Memorial Day</small>	30 9:30 Dance Aerobics 30 10:30 B.I.N.G.O 2:00 Residents B-Day Celebration 4:15 Banana pudding Parfaits	31 9:30 Dance Aerobics 31 10:30 Elvis! Elvis! Elvis! 1:30 Pamper & Polish 3:00 Planting on the Patio 6:15 Dean Martin Comedy Roast <small>First Day of Shavuot</small>	<h1>May 2017</h1> <h1>PARKWOOD</h1>			

Activities, outings and dates are subject to change.

Parkwood

Nursing And Rehabilitation 3201 Parkwood Ln. • PHN 314-291-5911 • Fax 314- 291-3576



Upcoming Events

May 3rd Mike Rufkhar

May 5th Al Henderson

May 5th Cinco De Mayo
Fiesta

May 11th Sue Kennedy

May 17th Jill Huber

May 23rd Eugene Peebles

May 31st The Highly
Anticipated ELVIS

Outings

May 4th Hollywood Casino

May 18th Nature ride @ Elks
Park

May 25th Lunch & Dollar Tree

Happy Mother's Day!

This Month we honor mothers all across the world simply because they are amazing! The determination and drive these awesome women display is beyond any amount of words. Let's take time out this month to thank all women for the role they play in making our lives special. Rather it's you Mother, Step Mother, Grandmother, Auntie, or even a neighbor; showing your gratitude will brighten up their day.

My Mother

My mother is a woman like no other. She gave me life, nurtured me, taught me, dressed me, fought for me, held me, shouted at me, kissed me, but most importantly loved me unconditionally.

Words of Wisdom -- www.facebook.com/Daveswordsofwisdom

There are not enough words I can say to describe just how important my mother was to me, and what a powerful influence she continues to be..

Welcome

We like to send a warm welcome to all the new residents and employees here at Parkwood. May all who comes as guest, leave as friends.

ATTENTION ALL FAMILY AND STAFF:

Cigarettes being purchased by family/friends should be brought to the Activity Department. **DO NOT GIVE SMOKING ITEMS TO THE RESIDENT.** If activity staff is unavailable give cigarettes to Charge Nurse. They will later be labeled, put away, and distributed at scheduled smoke times (9:30am, 1:30pm, 4:00pm and 8:30pm). **NO RESIDENT SHOULD EVER BE OUTSIDE UNACCOMPANIED!!** A staff member is to present during the entire durations of smoke break.

Helpful Reminders

- ❖ **Catholic Rosary is the 2nd and 4th Tuesday. Service starts at 9am on Terrace Level B-Hall.**
- ❖ **Grace church comes every 1st Sunday of the month @ 2:30pm. Believers Temple comes every 2nd Saturday @ 2:00pm. Note: Both are Non-Denominational**
- ❖ **Please! Please! Please! Label all your belongings before sending them to laundry. Also, upon admission be sure to fill out an inventory form.**

Resident Phone Usage.....

Residents may use any of the designated phones for personal calls. These phones are located in the following areas:

- **Suites Quiet Room**
- **The Conference Room**
- **GARDEN LEVEL C-HALL**

BEAUTY SHOP IS OPEN EVERY WEDNESDAY FROM 8:30AM -12PM

BANKING HOURS: MON-FRI 10:00AM-3:00PM

Closed for lunch 1:00pm-2:00pm

Mother's Day Brunch May 13th @ 10:30am. Please RSVP with activities by May 5th

Residents Birthday

- May 7th Shirley C.
- May 13th Barbara C.
- May 20th Bonnie M.
- May 20th John H.
- May 27th Merrill L.
- May 31st Erma A.
- May 31st Mary E.

